

THE WIND REPORT

Week of February 23, 2015

Club Officers:

Lynn Eager, President

Jessica Braverman,
President-Elect

Sharon Mace, Secretary

Larry Mace, Treasurer

Laura Montalvo, Public
Relations

Gary R. Clarke, Rotary
Foundation

James Frazier,
Membership

Rita Smith, Club
Services

Katherine Richardson,
Community Service

Sudhir Sahni,
International Service

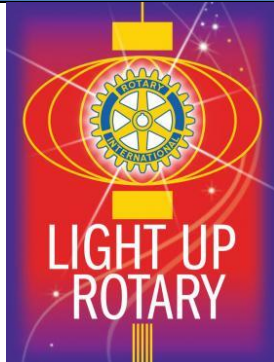
Greg Wilson, Youth
Services

Tom Eager, Past
President

Valerie Munoz,
Executive Secretary,
Webmaster

Dan Gerald, Assistant
District Governor

ROTARY DISTRICT
5160,
CLUB NO. 30335



San Ramon Valley Rotary Club, Danville, CA, USA

Meeting Time: Wednesdays 7:00 to 8:30 p.m.,
Blackhawk Country Club, 599 Blackhawk Club Dr., Danville
www.sanramonvalleyrotary.com

Wind Report Editor: Laura Montalvo
Club Photographer: Dany Gregory



Why We Need to Share Rotary's Good News

**By Nisha Kotecha, President of the Rotaract Club of
Hampstead, Hendon and Golders Green, England**

I know a Rotary Club that has changed the lives of hundreds, if not thousands, of young people over the years. I know this because I have attended some of their meetings. And because I am one of the lives they have changed. The Rotary club I am referring to is one of the largest in London, so they don't need to generate publicity around their activities. Or do they?

This Rotary club is doing incredible, life-changing work. But there is one thing they are not doing. They are not sharing their story with the community. They are well known and respected within Rotary circles, but they are not very well known at all outside the family of Rotary. And they are not alone. Many of our clubs are doing incredible work, and impacting many lives, but the public does not know about it.

Here are two reasons why I think we must start telling others our Rotary "good news." **It will attract new members.** I understand and love that for many Rotarians, it is more about serving than recognition. But it is not being a glory seeker to tell people in the community the impact we are having. It should actually be the duty of club members to do this. Why? Because more people will hear about Rotary, they will learn what Rotary is about, and they will see the impact that can be made by being a member. Seeing Rotary in action, and seeing the positive results we have, is attractive to prospective members. And that is good for Rotary, that is good for our projects, and that is good for the new members, who gain the added ability to help others through Rotary. **It will motivate others to support our projects.** If you, your campaign, and your project are the world's best kept secret, you are not likely to break any fundraising records or have the massive impact you were hoping for. The Global Swimarathon and World's Greatest Meal were incredibly successful because they were incredibly visible, and launched amazing campaigns that shared every milestone they reached.

Hopefully by now I have convinced you why it is important to share. There are many ways to do so, through social media, through videos, through partnering with others, through your local media. Here in the United Kingdom, we have three Rotary members who have excelled at doing this, Paul Wilson, Eve Conway, and Mukesh Malhotra. I'm sure there are examples near you, and they would probably be happy to give you advice if you ask them. In April of last year, I started a website to share inspiring stories from charitable organizations around the world. If you want to read some good news, visit my website, Good News Shared, and get in touch with me if you have news to share. But by all means, let others know the good you are doing, so the world will understand how awesome Rotary is.

Birthdays This Month:

Sudhir Sahni, 2/15

Anniversaries This Month:

Upcoming Greeters:

Kevin L'Hommedieu, 2/11

Alex Harris, 2/18

Henry Frazier, 2/25

TO ALL OUR RED BADGERS! To advance to wearing a blue badge, you will need to fulfill your service as a Greeter. What better way to get to know your fellow Rotarians! Sign up with Rita Smith at the meeting.

HIGHLIGHTS FROM LAST WEEK'S MEETING

At last week's meeting on February 18th, our greeter was **Alex Harris** (thank you Alex!), and our visiting guests were: **Cliff Buxton** from the San Ramon Valley Fire Protection District (and our speaker); District Governor **Pam Gray** and her husband **Brian Gray**; and our very own **Bernadette Guimarin**, who came to pay us a visit all the way from Santa Cruz. Thank you to our guests and a big hug to Bernadette – we've missed you!

Our speaker, **Cliff Buxton**, came to visit us for the second time and gave us a brief demonstration (with the help of Gary Clarke) on hands-only CPR and the proper use of an AED (Automated External Defibrillator) Cliff is a CERT instructor and teaches hands-only CPR and AED use to middle schoolers within the San Ramon Valley Unified School District.

Per the SRVFPD website, 350,000 Americans fall victim to sudden cardiac arrest each year. Learning CPR and how to use an Automated External Defibrillator (AED) can quite possibly mean the difference between life and death. With February being American Heart Month, the San Ramon Valley Fire Protection District and the HeartSafe Community Program challenges everyone to learn this important lifesaving skill.

"CPR is something everyone should learn, like riding a bike or learning to swim," said Edie Farrell San Ramon Valley HeartSafe Community Committee member and the wife of a sudden cardiac arrest survivor. "You never know when you will need to use CPR or whose life you will save. My 'Valentine' is here today because someone knew CPR and saved his life."

For more information on CPR or to sign-up for a CPR certification class visit, www.firedepartment.org/CPR. To learn more about the District's HeartSafe Community Program visit, www.firedepartment.org/heartsafe. And, for those who didn't get the phone number of San Ramon Dispatch, it is: **(925) 838-6691**.

Last, but certainly not least, we honored our major donors of the Rotary Foundation, who are: **Tom and Lynn Eager, Steve Kasa, and Gobind Anand**. District Governor Pam Gray passed around the "chotskies" and gave a very moving speech about the lives we save around the world through the Rotary Foundation. It is so amazing to be part of such an incredible organization.

ANNOUNCING OUR VALLEY TEEN IDOL FINALISTS!

Maddie Bartolome, 16, Amador Valley HS
Audrey Butler, 16, Monte Vista HS
Georgia Cunningham, 14, Los Cerros MS
Brian Dandridge, 14, Cal HS
Tara Fay, 16, SRVHS
Thannie Graff, 14, Los Cerros MS
Olivia Howe, 15, Granada HS
Vaishnavi Melkote, 14, Dougherty Valley HS
Pearl Melone, 13, Diablo Vista MS
Luca Bella Mesa, 13, Charlotte Wood MS
Talia Stivender, 17, Monte Vista HS
Abbey Watson, 16, Monte Vista HS
Jared Werlein, 14, SRVHS
Rachel Wirtz, 17, Berean Christian HS

BANDS AND GROUPS:

Jessie Keppler, 16, Campolindo HS-Claire Levinson, 14, Acalanes HS-Kirsten Stensland, 17, Acalanes Ind. Study-Dara Feller, 16, Acalanes HS (Quartet-Audacity);
Kyle Wooten, 14, Monte Vista HS-Weston Wittek, 15, Monte Vista HS- Ethan Spain, 14, Monte Vista HS (The Chosen)

CONGRATULATIONS TO ALL OUR FINALISTS!

Want to submit an announcement for our newsletter? Just send Laura Montalvo an e-mail at winechickathome@gmail.com

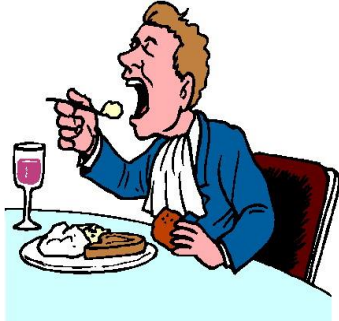


COMING UP AT OUR NEXT MEETING ON FEBRUARY 25TH

Our Greeter will be **Henry Frazier, Jr.**

Our Speaker will be **Kevin L'Hommedieu - Car Care.**

Feel free to bring guests and make sure to send an e-mail to James Frazier with the name of your guest.



WHAT'S ON THE MENU AT BLACKHAWK COUNTRY CLUB

For Wednesday, February 25th, 2015:

Broccoli Cheddar Soup; Orange Poached Salmon & Grilled and Sliced Tri-Tip with Double Baked Potato and Root Vegetables; Vanilla Ice Cream with Berries for Dessert

COMING ATTRACTIONS AND SPECIAL ANNOUNCEMENTS:

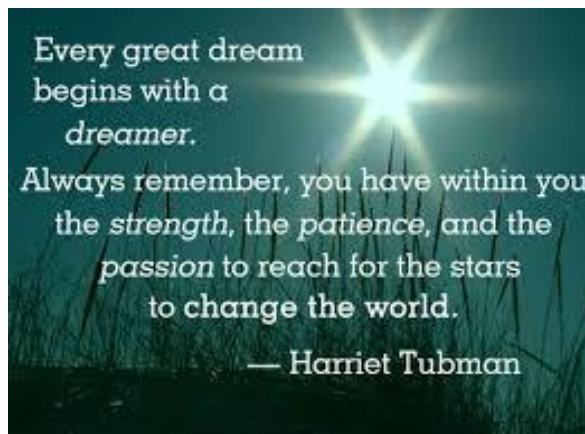
March 29, 2015: 2:00 p.m. VALLEY TEEN IDOL FINALS!! At the Dougherty Valley High School Performing Arts Center. We need sponsors and volunteers - See Jessica Braverman for more details.

Rotary Club of Pleasant Hill Presents: - **ST. PATRICK'S NIGHT OF MERRIMENT**
March 13, 2015

Pleasant Hill Community Center, 320 Civic Drive
Food, Friendship and Fundraising

You can help out our fellow Pleasant Hill Rotarians by becoming a sponsor. See the attached flyer for more details!

February is Black History Month.



10th
Anniversary

SAN RAMON VALLEY ROTARY

presents



FINAL COMPETITION



Sunday



March 29th 2:00pm

San Ramon Performing Arts Theatre

10550 Albion Road, San Ramon

Tickets - \$25 Students \$35 Adults



Judges
Derek Henry &
Peter Govorchin



Master of Ceremonies
Adam Gold



Judges
Stevie Rae Stephens &
Debora Killeen

Ticket Questions: Valerie Munoz vamunoz@comcast.net or 925-683-6310

Purchase tickets on line for the San Ramon Performing Arts at
www.sanramonperformingarts.com

Proceeds from VTI support the local and worldwide charitable work of the Diablo/San Ramon Valley Rotary Foundation, a 501(c)3 nonprofit organization. This program is not sponsored by the SRVUSD. Permission for flyer distribution does not imply endorsement.